

IBU WORLD CUP BIATHLON 2018/2019

Pokljuka (Slovenia): December 02, 2018 - December 09, 2018

Date	Start CET	Discipline
December 02, 2018	12:00 pm	Single Mixed Relay
December 02, 2018	02:30 pm	Team Mixed Relay
December 05, 2018	02:15 pm	Men's Individual 20km
December 06, 2018	02:15 pm	Ladies' Individual 15km
December 07, 2018	02:15 pm	Men's Sprint 10km
December 08, 2018	02:15 pm	Ladies' Sprint 7,5km
December 09, 2018	11:45 am	Men's Pursuit 12,5km
December 09, 2018	02:45 pm	Ladies' Pursuit 10km

Hochfilzen (Austria): December 13, 2018 - December 16, 2018

Date	Start CET	Discipline
December 13, 2018	02:15 pm	Ladies' Sprint 7,5km
December 14, 2018	02:15 pm	Men's Sprint 10km
December 15, 2018	11:30 am	Ladies' Pursuit 10km
December 15, 2018	02:45 pm	Men's Pursuit 12,5km
December 16, 2018	11:15 am	Ladies' Relay 4 x 6km
December 16, 2018	02:00 pm	Men's Relay 4 x 7,5km



Nové Město (Czech Republic): December 20 - December 23, 2018

Date	Start CET	Discipline
December 20, 2018	05:30 pm	Men's Sprint 10km
December 21, 2018	05:30 pm	Ladies' Sprint 7,5km
December 22, 2018	03:00 pm	Men's Pursuit 12,5km
December 22, 2018	05:00 pm	Ladies' Pursuit 10km
December 23, 2018	11:45 am	Men's Mass Start 15km
December 23, 2018	02:30 pm	Ladies' Mass Start 12,5km

Oberhof (Germany): January 10, 2019 - January 13, 2019

Date	Start CET	Discipline
January 10, 2019	02:30 pm	Ladies' Sprint 7,5km
January 11, 2019	02:30 pm	Men's Sprint 10km
January 12, 2019	12:45 pm	Ladies' Pursuit 10km
January 12, 2019	03:00 pm	Men's Pursuit 12,5km
January 13, 2019	11:45 am	Ladies' Relay 4 x 6km
January 13, 2019	02:30 pm	Men's Relay 4 x 7,5km

Ruhpolding (Germany): January 16, 2019 - January 20, 2019

Date	Start CET	Discipline
January 16, 2019	02:30 pm	Men's Sprint 10km
January 17, 2019	02:30 pm	Ladies' Sprint 7,5km
January 18, 2019	02:30 pm	Men's Relay 4 x 7,5km
January 19, 2019	02:30 pm	Ladies' Relay 4 x 6km
January 20, 2019	12:15 pm	Men's Mass Start 15km
January 20, 2019	02:40 pm	Ladies' Mass Start 12,5km



Antholz (Italy): January 24, 2019 - January 27, 2019

Date	Start CET	Discipline
January 24, 2019	02:30 pm	Ladies' Sprint 7,5km
January 25, 2019	02:30 pm	Men's Sprint 10km
January 26, 2019	01:30 pm	Ladies' Pursuit 10km
January 26, 2019	03:30 pm	Men's Pursuit 12,5km
January 27, 2019	12:45 pm	Ladies' Mass Start 12,5km
January 27, 2019	03:30 pm	Men's Mass Start 15km

Canmore (Canada): February 07, 2019 - February 10, 2019

Date	Start CET	Discipline
February 07, 2019	06:00 pm	Men's Individual 20km
February 07, 2019	10:10 pm	Ladies' Individual 15km
February 09, 2019	08:30 pm	Men's Relay 4 x 7,5km
February 09, 2019	10:45 pm	Ladies' Relay 4 x 6km
February 10, 2019	07:00 pm	Men's Mass Start 15km
February 10, 2019	10:00 pm	Ladies' Mass Start 12,5km

Soldier Hollow/Salt Lake City (USA): February 14 - February 17, 2019

Date	Start CET	Discipline
February 14, 2019	07:15 pm	Ladies' Sprint 7,5km
February 15, 2019	07:15 pm	Men's Sprint 10km
February 16, 2019	06:05 pm	Ladies' Mass Start 12,5km
February 16, 2019	10:05 pm	Men's Mass Start 15km
February 17, 2019	06:10 pm	Single Mixed Relay
February 17, 2019	10:05 pm	Team Mixed Relay



Östersund (Sweden): March 7, 2019 - March 17, 2019

Date	Start CET	Discipline
March 07, 2019	04:15 pm	Team Mixed Relay
March 08, 2019	04:15 pm	Ladies' Sprint 7,5km
March 09, 2019	04:30 pm	Men's Sprint 10km
March 10, 2019	01:45 pm	Ladies' Pursuit 10km
March 10, 2019	04:30 pm	Men's Pursuit 12,5km
March 12, 2019	03:30 pm	Ladies' Individual 15km
March 13, 2019	04:10 pm	Men's Individual 20km
March 14, 2019	05:10 pm	Single Mixed Relay
March 16, 2019	01:15 pm	Ladies' Relay 4 x 6km
March 16, 2019	04:30 pm	Men's Relay 4 x 7,5km
March 17, 2019	01:15 pm	Ladies' Mass Start 12,5km
March 17, 2019	04:00 pm	Men's Mass Start 15km

Oslo (Norway): March 21, 2019 - March 24, 2019

Date	Start CET	Discipline
March 21, 2019	04:30 pm	Ladies' Sprint 7,5km
March 22, 2019	04:30 pm	Men's Sprint 10km
March 23, 2019	03:00 pm	Ladies' Pursuit 10km
March 23, 2019	05:15 pm	Men's Pursuit 12,5km
March 24, 2019	01:45 pm	Ladies' Mass Start 12,5km
March 24, 2019	04:30 pm	Men's Mass Start 15km